

Screening Participants

Are they ready? It is important to determine the best way to serve each participant. You will need to screen them to see if:

- They are a candidate for a recovery group
- 1:1
- They should wait to start their healing journey at a later time

Things to listen for: psychological issues (past/present), suicide attempts, PTSD, trauma (rape, incest, etc...), Morning after pill, etc...

Life Circumstances

- Current Domestic Situation - things that may inhibit the healing process
 - Recent divorce
 - Death of someone close
 - Current pregnancy
 - Lack of emotional support
- Determine why they are reaching out now
 - Try to assess their level of denial
 - Are they coming to you freely, or being told they need to do this for a reason

GROUP

- Good for breaking isolation - they are not alone
 - Feedback, perspective from others
 - Offers friendship and bonding
 - Raises confidence and self-esteem
-

1 : 1

PROS

- Good for greater confidentiality
- More personal attention
- Deeper Issues - psychological/emotional
- Ministry Leaders
- Non-traditional participant

Cons

- Harder to break isolation
- Can develop co-dependence on the facilitator
- The facilitator is vulnerable to attack

INTAKE

Interview and Forms

- State immediately that you are not a Professional Counselor and that this is not a substitute for Counseling
- Intake Form (Spirituality Form)
- Patient Portal (Wellness agreement, confidentiality form, disclaimer)